

# KEEP A SAFE DISTANCE TO SLOW THE SPREAD.



## ISOLATION:

**Isolation** separates sick people with COVID-19 from people who are not sick.



## QUARANTINE

**Quarantine** separates and restricts the movement of people who were exposed to COVID-19 for 14 days to see if they become sick.



## SOCIAL DISTANCING

**Social distancing** means keeping a safe space (6 ft) between yourself and other people who are not from your household.