

Frequently Asked Questions

❖ What qualifies as a close contact?

- Someone who was within **6 feet of an infected person** (laboratory-confirmed or a clinically compatible illness) for a **cumulative total of 15 minutes or more over a 24-hour period** (for example, three individual 5-minute exposures for a total of 15 minutes).

❖ What qualifies as a **day 0** of your quarantine/isolation?

- If you **Test Positive (+)** for COVID-19
 - Isolation begins on **day 0** and continues through **day 10**; **day 11** is not in isolation.
 - Day of symptom onset is **day 0**; if you exhibit no symptoms **day 0** is day of positive test.
 - Example: If you **Test Positive (+) today** or have close contact with a positive, you immediately begin isolation on **day 0**, and **tomorrow is day 1** of your isolation.
- If you are labeled as a **Close Contact**,
 - Most recent day of exposure becomes **day 0** and continues through **day 10**
 - If you are **Vaccinated**, you do **not** have to quarantine, **wear a mask for 14 days** or until a **negative (-)** test result is obtained.

❖ What does isolation or quarantine mean?

- **Isolation** refers to separating a positive individual from the public for 10 days to prevent further transmission of COVID-19.
- **Quarantine** refers to separating an individual identified as close contact before they have a chance to spread infection to other people in the event, they too are positive.

❖ When do I qualify for return to work or school?

- On **Day 11** you may return to work or school after **Testing Positive (+)**
- On **Day 11** you may return to work or school after being identified as a **Close Contact**. You may return on **Day 8** if you obtain a **negative(-) test** on **Days 5-7**.

❖ What do I do if I use an at-home test?

- If you use an at-home test, test results **need to be confirmed** by your local healthcare institution. The qualitative nature of results leads to instances of false positives (indicates you have COVID-19 when you don't) and false negatives (indicates you don't have COVID-19 when you do).